



CANPOINT®

# 全品 高考复习方案

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专题训练  
**英语** BS

**北京专版**

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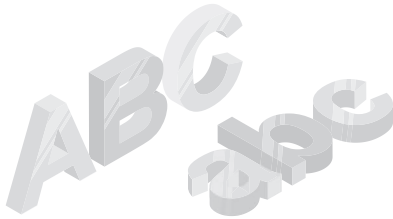
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| 考情分析 |

2022—2024 年高考完形填空试题分析表							
年份	体裁	词数	主题	考点分布			
				动词	名词	形容词	副词
2024	记叙文	292	偶然参加音乐剧面试却成功获得了扮演主角的机会	4	4	1	1
2023	记叙文	286	被老师罚写检讨却发现自己的写作天赋	6	2	1	1
2022	记叙文	259	孩子在寒风中不减对老师的信任	4	2	3	1
命题规律	<div>1. 体裁及话题:文章以记叙文为主,且多以传播正能量的、具有积极意义的话题为主;</div> <div>2. 来源:全部来自国外网站,原汁原味,篇章与语句结构的变化丰富多彩;</div> <div>3. 篇幅:相对稳定,一般在 220—300 词之间;所选短文结构严谨、层次分明、逻辑性强;</div> <div>4. 设空:空缺词以实词为主,其中重点考查动词、名词、形容词和副词等实词。</div> <div>5. 情节:故事情节多有起伏转折,事件线和情感线两条主线相辅相成。</div>						

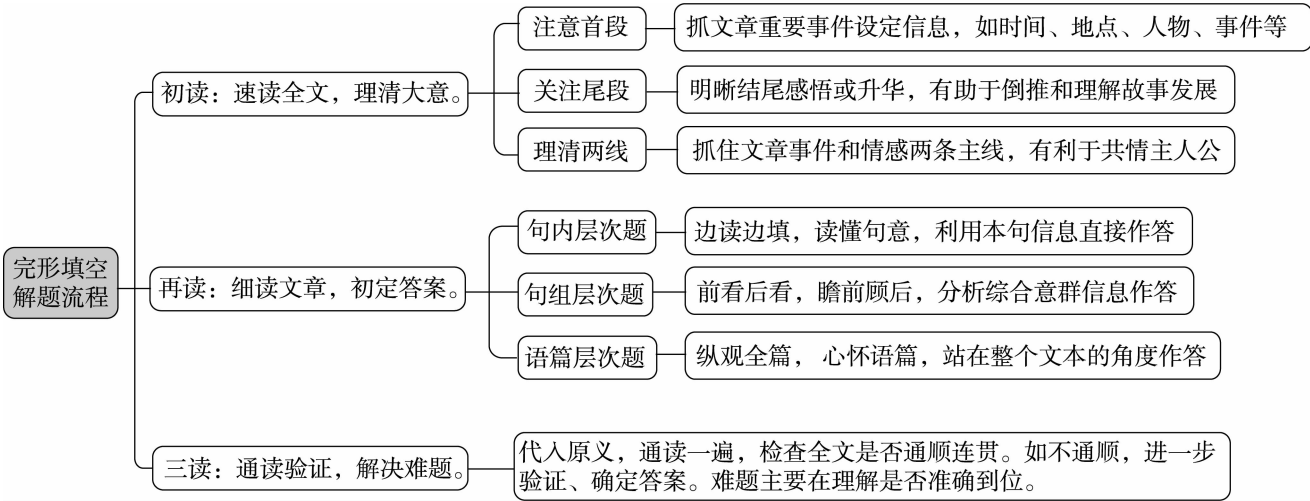
第 1 讲 完形填空策略指导

| 专题导读 |

【完形填空解题流程】

高考完形填空是以语篇为载体、阅读为本质,主要考察考生的语篇阅读能力和语言综合运用能力的重要测试题型。通过阅读、分析语篇,对上下文语境的理解和推测,选择一个最佳选项填入空白处,使整篇文章通顺连贯。考生在宏观层面要把握文章大意,提取主旨;微观层面上,逻辑关系、动作情感等都要关注。

根据文章类型考生需要关注、侧重的方面不同,一般来说,记叙文需关注故事的六要素,抓住文章事件和情感两条主线;说明文关注事物的定义、性质、功能、原理等;议论文关注作者的观点、论据以及结论等。近几年高考完形填空都以记叙文为主,因此以记叙文来展示高考完形填空解题流程。



【完形填空高分技法】

• 技法 1 上下文语境法

包括上文语境、下文语境或上下文语境。完形填空主要考查词语在特定的语境中的运用,做题时可以通

过把握上下文之间的逻辑关系、解读上下文的词汇和句子结构、揣摩上下文的情感和语气、利用上下文的线索进行推理等方式,选出最佳选项。

### 典例剖析

1. [2021·北京卷节选] As the night wore on, people began to close their eyes, but the seats were so uncomfortable that only a very heavy sleeper could manage to get any \_\_\_\_\_. The woman looked over at the man. He was still staring at her. She looked back at him with fire in her eyes.

A. air                                      B. joy                                      C. space                                      D. rest

**【解析】** 根据上文的“*As the night wore on, people began to close their eyes...*”以及“*...only a very heavy sleeper...*”可知,此处指座位太不舒服了以至于只有睡得很沉的人才能休息。air 空气;joy 快乐;space 空间;rest 休息。故选 D。

2. [2021·北京卷节选] A moment later, he began to... the half-open window—one leg went over it. The man jumped up and \_\_\_\_\_ the child just before he fell out.

A. grabbed                                      B. rocked                                      C. touched                                      D. picked

**【解析】** 根据空后的“*...before he fell out.*”可知,这位男士在孩子摔下去之前一跃而起抓住了他。故选 A。

#### • 技法 2 背景常识法

完形填空中往往渗透着诸如生活场景、文化科学、历史地理、风俗人情等方面的知识,做题时对一些已知的生活经验、文化背景知识或科普知识,特别是中西方文化差异,巧妙地加以运用将会大大简化分析与判断过程,节省宝贵的时间,从而轻松做出正确判断。

### 典例剖析

3. [2021·北京卷节选] Recently, I took a trip home by train. I got a seat opposite a middle-aged man with sharp eyes, who kept... a young woman in a window seat with a little boy on her lap. The woman's eye fell on the man's face, and she immediately looked down and \_\_\_\_\_ her scarf.

A. adjusted                                      B. changed                                      C. packed                                      D. waved

**【解析】** 根据上文的“*The woman's eye fell on the man's face, and she immediately looked down...*”和 sharp eyes 可知,这位女士因为男士一直盯着自己看,感觉不舒服,所以低头调整自己的围巾。故选 A。

#### • 技法 3 词汇复现法

词汇复现是完形填空解题中常用的技巧之一。原词、同义词或近义词、反义词、上义词、下义词甚至句式结构重复出现在语篇中,使整篇文章句子相互衔接和连贯、意义统一完整。因此,考生可在理解文章的结构和语境的基础上,关注文章中的词汇复现来选择正确的答案。

### 典例剖析

4. [2021·北京卷节选] Recently, I took a trip home by train. I got a seat opposite a middle-aged man with sharp eyes, who kept \_\_\_\_\_ a young woman in a window seat with a little boy on her lap... “Your child has been looking for an opportunity to climb out of the window,” the man said as he gave the child back to her. “So I have been watching the whole time.”

A. guiding                                      B. bothering                                      C. watching                                      D. monitoring

**【解析】** 根据下文的“*So I have been watching the whole time.*”可知,这位男士一直盯着那位女士看。watching 为原词复现。故选 C。

5. [2021·北京卷节选] The woman looked over at the man. He was still staring at her. She looked back at him with fire in her eyes. I was beginning to get \_\_\_\_\_, too.

A. nervous                                      B. embarrassed                                      C. angry                                      D. disappointed

**【解析】** 根据空前的“*She looked back at him with fire in her eyes.*”中的 fire 可知,这位女士生气了。再根据空后的 too 可知,“我”也生气了。with fire 与 angry 属于同义表达。故选 C。

#### • 技法 4 逻辑推断法

完形填空中对于逻辑关系的考查也是高频考点之一,如因果关系、转折关系、递进关系、条件关系、时间关系、顺序关系等。关注句内或句间的逻辑关系,有利于轻松做题。下表为完形填空中考查的常用逻辑关系词。

因果关系	due to, because of, for the reason, thus, consequently, so, therefore, as a result
转折关系	but, yet, however, instead, instead of, rather than, unfortunately, although, despite
递进关系	in addition to, apart from, furthermore, besides, additionally, not only...but also
条件关系	if, unless, as long as, on condition that, by the way of, otherwise, or else
时间关系	later, after that, then, soon, earlier, gradually, at that time, meanwhile
顺序关系	initially, to start with, and then, next, eventually, finally

#### 典例剖析

6. [2021·北京卷节选] The train moved on. The little boy was \_\_\_\_\_ awake on his mother's lap, but the woman dropped off to sleep. A moment later, he began to... the half-open window—one leg went over it.  
A. almost                      B. still                      C. hardly                      D. even

**【解析】** 根据空后的“...but the woman dropped off to sleep.”可知,本句话前后互为转折关系,故这位女士的孩子依旧醒着。后文“A moment later, he began to... the half-open window—one leg went over it.”也提示孩子没有睡觉。故选 B。

7. [2023·北京卷节选] Soon after dinner, I handed the essay to Mum. I half expected a lecture—at least an “I hope you've learned your lesson”. \_\_\_\_\_, Mum laughed and laughed as she read.  
A. Therefore                      B. Moreover                      C. Meanwhile                      D. Instead

**【解析】** 根据上文可知,作者把写的东西交给妈妈过目,心里想着至少妈妈可能会告诫作者要吸取教训,但是妈妈边读边笑。这和作者的心里预期相矛盾,所以选择 instead,表达逻辑上相反。故选 D。

#### • 技法 5 习惯搭配法

此方法主要指动词或形容词与介词的搭配、动宾搭配和句式搭配等。英语语言中存在大量的固定搭配和习惯表达,答题时要善于分析选项单词的用法,利用固定搭配、习惯表达轻松解题。

#### 典例剖析

8. [2021·北京卷节选] The train moved on. The little boy was... awake on his mother's lap, but the woman dropped off to sleep. A moment later, he began to... the half-open window—one leg went over it. The man jumped up and grabbed the child just before he fell out. The noise woke up the woman. She seemed to be in \_\_\_\_\_, and then reality dawned (显现).  
A. sorrow                      B. relief                      C. panic                      D. pain

**【解析】** 这位女士被男士救孩子的声音惊醒了,看到男士抓着她的孩子,很惊慌。be in panic 是固定词组,意为“处于恐慌中,惊慌失措”。故选 C。

## 第 2 讲 记叙文型完形填空——事件线

### / 专题导读 /

记叙文多以记人和叙事为主,具体来说,它借助叙述、描写等手段记叙社会中的人物和事件发展过程,以表达作者的态度和观点。近几年的高考完形填空题中的记叙文主要以叙事为主,以时间和空间的变化为线索,按照事件的变化发展逐步展开叙述。因此,理清事件线,对于记叙文型完形填空的完美作答大有裨益。下面以 2023 年高考北京卷完形填空为例来分析。



[2023·北京卷]

文体:记叙文 主题:人与自我 词数:286

I was always timid (羞怯的). Being new to the school made me even 1, so it was surprising I'd 2 to anyone around me. Now I was paying the price—to write a five-page essay on “Why I Should Not Talk in Class”. That would take all night!

After I got home, though, I took my time petting the cat—postponing the pain.

When I finally sat down to 3, I began with the reasons Ms Black would want to hear.

Talking kept me and my neighbours from 4. One paragraph down; now what? I chewed on my pencil. Aha! What if talking were the first step towards life as a criminal? Without the education I was throwing away, I'd turn to theft and go to prison. When I got out, people would say, “She used to talk in class.” The pages began 5.

But when Mum got home from work, I was still 6, “Five pages! That's impossible!”

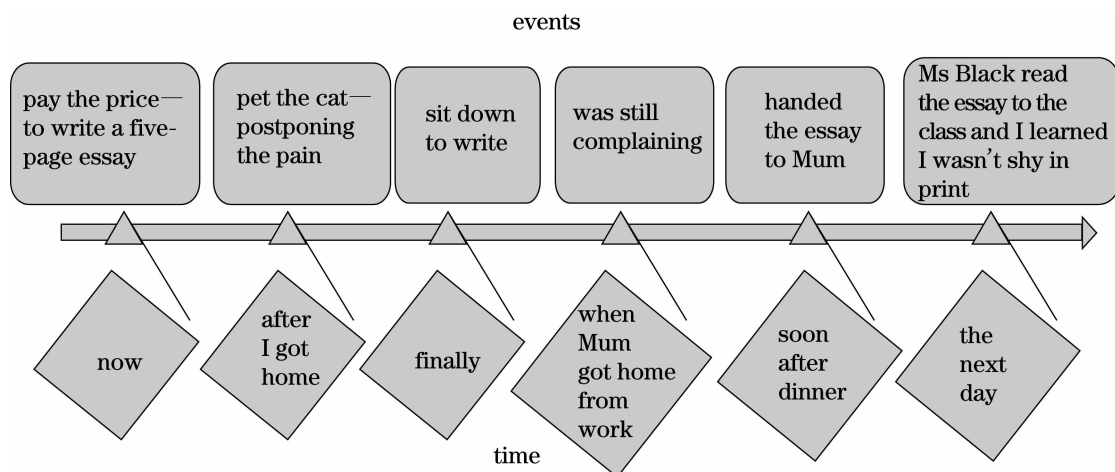
“Well, you'd better get back to work,” she said, “and I want to read it when you're through.”

Soon after dinner, I handed the essay to Mum. I half expected a 7—at least an “I hope you've learned your lesson”. 8, Mum laughed and laughed as she read.

The next day, when Ms Black read the essay to the class, everyone laughed. I could 9 they weren't making fun of me: they laughed because I had the power to tell a funny story. My 10 still needed some nudging (激发), but I did learn I wasn't shy in print.

- |                        |               |                |                 |
|------------------------|---------------|----------------|-----------------|
| ( ) 1. A. freer        | B. shyer      | C. calmer      | D. happier      |
| ( ) 2. A. nod          | B. point      | C. listen      | D. chat         |
| ( ) 3. A. weep         | B. rest       | C. write       | D. read         |
| ( ) 4. A. learning     | B. playing    | C. planning    | D. laughing     |
| ( ) 5. A. standing out | B. flying by  | C. breaking up | D. checking in  |
| ( ) 6. A. celebrating  | B. longing    | C. complaining | D. warning      |
| ( ) 7. A. lecture      | B. reason     | C. reward      | D. solution     |
| ( ) 8. A. Therefore    | B. Moreover   | C. Meanwhile   | D. Instead      |
| ( ) 9. A. hope         | B. imagine    | C. tell        | D. predict      |
| ( ) 10. A. patience    | B. confidence | C. tolerance   | D. independence |

**【语篇分析】** 本文是一篇记叙文。文章主要讲述了一向害羞、不爱说话的作者在被老师罚写检讨后却发现自己在写作时并不害羞,甚至还很有天赋。文章的事件线非常清晰,开头先交代 now 作者面临的困境:pay the price,然后娓娓道来整个故事:作者最开始不愿意写这五页纸的文章,所以 after I got home,也是不愿面对,先撸猫来推迟让人头疼的事情。作者等到 finally 坐下来写了,也是文思枯竭,直到突然有了灵感。等到 Mum got home from work,作者还在抱怨。然后 soon after dinner,作者把写好的文章拿给妈妈看,妈妈大笑。随着事件的发展,到了 the next day,老师在全班面前读这篇文章,惹得大家都笑了,由此作者发现自己在写作时并不害羞,其自信心也得到了增强。整个事件的过程图如下:



因此,抓住文章的事件线(即整个事件的发生、发展、结束的过程)对于我们理解文章会有事半功倍的效果。

## 真题典例

[2024·北京卷]

文体:记叙文 主题:人与自我 词数:292

I'd just arrived at school, ready for another school day. I was reading a book in the classroom when there was an 1. "Today at 1:10 there will be auditions (面试) for a musical." My friends all jumped up in excitement and asked me, "Will you be going, Amy?" "Sure," I said. I had no 2 in drama, but I'd try out because my friends were doing it.

At 1:10, there was a 3 outside the drama room. Everyone looked energetic. I hadn't expected I'd be standing there that morning. But now that I was doing it, I 4 felt nervous. What if I wasn't any good?

I entered the room and the teachers made me say some lines from the musical. They then 5 my singing skills and asked what role I wanted to play. The teachers were smiling and praising me. I felt like I had a 6, so I said, "A big role." They said they'd look into it. I started getting really nervous. What if I didn't get a main role?

Soon, the cast list was 7. My friends checked and came back shouting, "Amy, you got the main role!" Sure enough, my name was at the top. I just stared at it and started to 8. I was so happy.

After two months we were all prepared and ready to go on stage. It was fun. And when people started 9, that gave me a boost of confidence. It stayed with me and made me feel 10. I realised that by trying something new, I can have fun—even if it means stepping out of my comfort zone.

- |                      |                 |                 |               |
|----------------------|-----------------|-----------------|---------------|
| ( ) 1. A. assignment | B. initiative   | C. announcement | D. interview  |
| ( ) 2. A. hesitancy  | B. interest     | C. worry        | D. regret     |
| ( ) 3. A. game       | B. show         | C. play         | D. line       |
| ( ) 4. A. suddenly   | B. continuously | C. originally   | D. generally  |
| ( ) 5. A. advertised | B. tested       | C. challenged   | D. polished   |
| ( ) 6. A. demand     | B. credit       | C. dream        | D. chance     |
| ( ) 7. A. traded     | B. posted       | C. questioned   | D. claimed    |
| ( ) 8. A. well up    | B. roll in      | C. stand out    | D. go off     |
| ( ) 9. A. whispering | B. arguing      | C. clapping     | D. stretching |
| ( ) 10. A. funnier   | B. fairer       | C. cleverer     | D. braver     |

## 模拟演练

A [2023·北京西城高三一模]

文体:记叙文 主题:人与社会 词数:312

As a child growing up in the 1980s, Marlene Irvin took many trips to Joyland, an amusement park in her hometown of Wichita, Kansas. She got excited the moment her family drove into Joyland's parking lot. "The carousel circling at the entrance to the park was always the 1 for me," Marlene said. "I could watch the horses for hours."

Joyland certainly made a(n) 2 impression on Marlene, as she got her "first real job" years later at Wichita's Chance Manufacturing, the largest maker of amusement park rides in the world at the time. Marlene started in the fibreglass workshop, where the carousel horses' frames, along with parts for Ferris wheels, roller coasters, and other rides, were pieced together. She 3 found her way to Chance's art and decoration department, becoming one of the lead horse artists. Then, after working at Chance for nearly fifteen years, Marlene decided to start her own business, focusing on carousel restoration.



carousel



Around the same time, Joyland started experiencing a 4 in attendance. At last, to the heartbreak of Wichitans young and old, Joyland 5 after more than fifty years of operation. Local preservation organizations purchased some of the park's historical items, and Joyland's thirty-six carousel horses were donated to Botanica, a Wichita-owned botanical garden. Botanica asked Marlene to 6 the old, broken horses, and she accepted the challenge.

As Marlene finished each horse, Botanica 7 them for the public to see. Although they looked 8 compared to their glory (辉煌) days at Joyland, thanks to Marlene's artistic efforts, the horses impressed observers even more than they had before. When native Wichitans saw them, their most 9 question was: "Will we be able to ride them?" Even as 10, they remembered riding the horses at Joyland when they were kids.

Marlene always smiled and answered: "They've been waiting for you to come back."

- |                      |               |               |               |
|----------------------|---------------|---------------|---------------|
| ( ) 1. A. memory     | B. dream      | C. highlight  | D. comfort    |
| ( ) 2. A. immediate  | B. lasting    | C. accurate   | D. general    |
| ( ) 3. A. suddenly   | B. definitely | C. hesitantly | D. eventually |
| ( ) 4. A. decline    | B. break      | C. boost      | D. return     |
| ( ) 5. A. went down  | B. fell down  | C. got down   | D. shut down  |
| ( ) 6. A. replace    | B. rearrange  | C. restore    | D. reuse      |
| ( ) 7. A. displayed  | B. moved      | C. protected  | D. advertised |
| ( ) 8. A. modern     | B. different  | C. attractive | D. unique     |
| ( ) 9. A. basic      | B. unexpected | C. common     | D. remarkable |
| ( ) 10. A. repairmen | B. customers  | C. residents  | D. adults     |

B [2025·北京海淀高三期中]

文体:记叙文 主题:人与社会 词数:297

It's 4:30 am and the lights are blazing at Food Forward's warehouse. Forklifts whiz around the loading dock, pulling pallets of donated strawberries off one truck or pushing boxes of potatoes onto another headed to 1 people later in the day. Everything moves fast at Food Forward—a nonprofit devoted to giving away agricultural products that would 2 be wasted.

Food Forward started 15 years ago. When wandering through his neighbourhood, Rick Nahmias noticed all the 3 fruit on the trees and considered how he could make the best of them. "Why not give them to those in need?" Then Nahmias put an ad online, asking for volunteers to help him pick unwanted fruit for donation. Six people responded, but only one 4 at the first event. He persisted, and slowly, an initial core group formed. For the next nine months they'd gather on weekends, picking fruit and 5 them to local food banks.

In October 2009, Nahmias was offered a \$ 25,000 grant, enabling their weekend "fun" to become regular, which eventually contributed to a sustainable 6. Thus Food Forward was established. The nonprofit quickly expanded, collecting not only unwanted residential fruit but also millions of pounds of unsold 7 from farmers markets and wholesale sellers. In 2023, it 8 87 million pounds to feed the starving people.

Today, Food Forward has 50 employees and 2,000 volunteers. People want to work here. Every morning, warehouse manager, drivers and vendors greet each other by name, usually with handshakes that end in hugs. This kind of 9 is a large part of why Food Forward has been so successful.

"10 the abundance" is not just a slogan; it's a way of life. We all have abundance; we just need to find out what it is, and give it.

- |                 |             |              |           |
|-----------------|-------------|--------------|-----------|
| ( ) 1. A. needy | B. willing  | C. demanding | D. greedy |
| ( ) 2. A. then  | B. instead  | C. otherwise | D. still  |
| ( ) 3. A. fresh | B. unpicked | C. unripe    | D. tasty  |

- |                     |              |                 |                 |
|---------------------|--------------|-----------------|-----------------|
| ( )4. A. set off    | B. pulled in | C. missed out   | D. showed up    |
| ( )5. A. showing    | B. selling   | C. delivering   | D. recommending |
| ( )6. A. investment | B. plan      | C. lifestyle    | D. organization |
| ( )7. A. meals      | B. produce   | C. clothing     | D. materials    |
| ( )8. A. grew       | B. ordered   | C. traded       | D. distributed  |
| ( )9. A. credit     | B. procedure | C. relationship | D. strategy     |
| ( )10. A. Share     | B. Harvest   | C. Create       | D. Keep         |

### 第3讲 记叙文型完形填空——情感线

#### / 专题导读 /

在阅读记叙文型完形填空时,要“身临其境、体会共情”,与文中主人公合二为一。“身临其境”指的是把自己想象成处于主人公的处境,“体会共情”指的是想主人公之所想,感受主人公的感受。只有这样,才能对文章有更深层次的理解。那么,如何做到“身临其境、体会共情”呢?在抓住事件线的同时,也要抓住记叙文的情感线。下面以2024年北京东城高三一模完形填空为例来分析。

#### 典例剖析

[2024·北京东城高三一模]

文体:记叙文 主题:人与社会 词数:287

In 2019, Thierry Henry, a bus driver, found there was a rise in bike thefts in his city, Reykjavik. Rather than 1 that the bike was gone forever, he decided to take matters into his own hands and started to track down the bikes and return them to their 2 owners.

The 44-year-old has helped return hundreds of stolen bikes in the past 4 years. His social media account has over 14,500 members and helps people track down more than just lost bikes. His page 3 to people who have lost tools, cars and other items of high value. On top of his noble act, Henry has helped the bike 4 to reform in the process.

5, Henry would deal with the thieves with anger. However, over time, he realized that most of the thefts were driven out of poverty and other issues. He went from feeling 6 towards the thieves, to developing empathy (同情) for their situations. It was very tough at first. But Henry decided to try to 7 them and just talk to them.

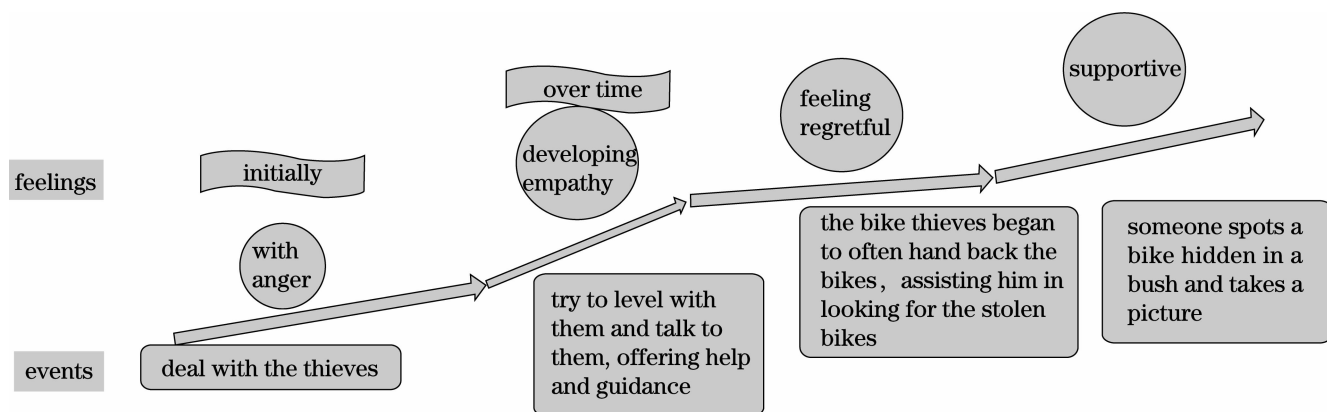
From this moment onward, he reached out to the thieves, offering help and guidance. After the change in his 8, Henry found that the bike thieves began to often hand back the bikes to him. Amazingly, some former thieves that Henry helped now 9 him in looking for the stolen bikes.

“It’s like a 10 that has got bigger and bigger,” says Henry. “It’s not only me. Many times, someone spots a bike hidden in a bush and takes a picture. Then someone else comments, ‘Hey, that’s my bike.’”

Thanks to Henry, everyone’s looking out.

- |                      |                |               |                 |
|----------------------|----------------|---------------|-----------------|
| ( )1. A. claim       | B. expect      | C. accept     | D. realize      |
| ( )2. A. new         | B. honest      | C. careless   | D. rightful     |
| ( )3. A. belongs     | B. extends     | C. returns    | D. refers       |
| ( )4. A. owners      | B. makers      | C. thieves    | D. sellers      |
| ( )5. A. Initially   | B. Unknowingly | C. Incredibly | D. Unwillingly  |
| ( )6. A. regretfully | B. negatively  | C. guiltily   | D. helplessly   |
| ( )7. A. level with  | B. reply to    | C. side with  | D. apologize to |
| ( )8. A. plan        | B. occupation  | C. habit      | D. approach     |
| ( )9. A. assist      | B. trust       | C. engage     | D. drag         |
| ( )10. A. dream      | B. snowball    | C. rainbow    | D. balloon      |

**【语篇分析】** 本文是一篇记叙文。文章主要讲述了 Thierry Henry 在 2019 年发现 Reykjavik 市自行车盗窃数量增加,开始追踪丢失的自行车,最终成功地追回了部分被盗的自行车,一些小偷也因为 Henry 的帮助而改过自新。伴随着事件的发展,文章的情感线非常清晰。最初, Henry 对于小偷的盗车行为感到愤怒;随后,他意识到了一些小偷的处境,对他们的消极态度转变为同情;一些小偷也感到懊悔,开始归还自行车并帮助他寻找被偷的车;越来越多的人表示支持 Henry,发现了丢失的自行车后拍照公之于众。本文的事件线和情感线互相交叉,如下图所示:



因此,抓住文章的情感线有助于我们在阅读文章时“身临其境、体会共情”,在理解文章感情基调的基础上进行准确判断。

## 真题典例

[2022·北京卷]

文体:记叙文 主题:人与社会 词数:259

One Monday morning, while the children were enjoying “free play”, I stepped to the doorway of the classroom to take a break. Suddenly, I 1 a movement of the heavy wooden door. This was the very door I 2 guided the children through to ensure their safety from the bitter cold. I felt a chill (寒意) go through my body.

My legs carried me to that door, and I pushed it open. It was one of my kindergarteners who I thought was 3 that day. He had been dropped off at school late and was 4 to open the door.

He must have been waiting there for quite a while! Without a word, I rushed him to the hospital. He was treated for frostbite on his hands. He'd need time to 5, and wouldn't come for class the next day, I thought.

The next morning, one of the first to 6 was my little frostbitten boy. Not only did he run in with energy, but his 7 could be heard as loud as ever! I gave him a warm hug and told him how 8 I was to see him. His words have stayed with me all these years, “I knew you would open the door.”

That cold Monday morning, he waited a long, long while for adults to 9. To a child, every minute feels like forever. He didn't attempt to walk back home; he waited and trusted. This five-year-old taught me a powerful lesson in 10.

- |                      |                |              |              |
|----------------------|----------------|--------------|--------------|
| ( ) 1. A. caused     | B. spotted     | C. checked   | D. imagined  |
| ( ) 2. A. hesitantly | B. randomly    | C. dizzily   | D. carefully |
| ( ) 3. A. angry      | B. absent      | C. special   | D. noisy     |
| ( ) 4. A. courageous | B. content     | C. unable    | D. unwilling |
| ( ) 5. A. recover    | B. play        | C. change    | D. wait      |
| ( ) 6. A. settle     | B. gather      | C. arrive    | D. react     |
| ( ) 7. A. sneeze     | B. weep        | C. complaint | D. laughter  |
| ( ) 8. A. lucky      | B. happy       | C. curious   | D. nervous   |
| ( ) 9. A. show up    | B. pull up     | C. hold up   | D. line up   |
| ( ) 10. A. gratitude | B. forgiveness | C. faith     | D. kindness  |

A [2025·北京朝阳高三期中]

文体:记叙文 主题:人与自我 词数:301

My 10-year-old son Egbert was a picky eater—he only ate chicken nuggets and yogurt—and unwilling to try new things. According to him, it's because he has phobias, including heights and the dark. I was hoping to find a way to 1 him without using old sayings like “If you don't try it, you'll never know if you like it.” So before our skiing trip to Los Angeles, I 2 a rule: we would say yes to everything, including new foods and experiences.

We said yes from the beginning of our trip. At the airport café, Egbert began by trying new foods like vegetable meatballs. 3, he rated it as “not bad”. The next day in the snowboarding school, despite the fear of heights, Egbert challenged himself to learn how to ride a chairlift. After skiing, we were both cold and wet, and Egbert suggested the outdoor hot tub (热水浴池). Though it would be a completely new experience for us, I 4 it together with him and the experience proved to be a delight. I felt 5 of myself for trying something new.

On our summer holidays, we continued the 6 of saying yes. At the competition in Cody, Wyoming, neither of my son and I 7 when we were invited onto the field to join in the horse racing. Though we came back without prizes, we were both laughing, sweaty and 8. I know it's a moment we'll never forget.

Therein lies the 9 of saying yes on vacation: it pushes us out of our comfort zone, though it's not always possible to say yes to everything in our daily life. Developing a sense of 10 helps us live life to the fullest even if we sometimes wind up cold and wet.

- |                     |             |                |                 |
|---------------------|-------------|----------------|-----------------|
| ( ) 1. A. warn      | B. award    | C. order       | D. encourage    |
| ( ) 2. A. broke     | B. set      | C. changed     | D. remembered   |
| ( ) 3. A. Strangely | B. Clearly  | C. Undoubtedly | D. Surprisingly |
| ( ) 4. A. braved    | B. adjusted | C. missed      | D. discussed    |
| ( ) 5. A. afraid    | B. proud    | C. nervous     | D. respectful   |
| ( ) 6. A. tradition | B. lesson   | C. trend       | D. celebration  |
| ( ) 7. A. cared     | B. agreed   | C. panicked    | D. hesitated    |
| ( ) 8. A. puzzled   | B. touched  | C. excited     | D. disappointed |
| ( ) 9. A. risk      | B. beauty   | C. cost        | D. duty         |
| ( ) 10. A. devotion | B. identity | C. adventure   | D. happiness    |

B [2022·北京西城高三二模]

文体:记叙文 主题:人与社会 词数:327

I woke up one morning with six hungry kids and just 75 cents in my pocket. Their father was gone. He had never been much more than a presence they 1. Now that he had decided to leave, there would be no more beatings, 2 no food either.

I washed the kids and then 3 them into my old 51 Chevy and drove off to find a job.

I tried to 4 whoever would listen that I was willing to learn anything. I had to have a job. The last place we went to was the Big Wheel truck stop. They needed someone from 11 pm to 7 am. They paid \$ 0.65 an hour and I could start immediately.

I called the babysitter and 5 with her. We came to an agreement—\$ 1 a night. So every morning I gave her \$ 1 of my tip money—6 half of what I averaged every night!

As weeks went by, the tyres on my Chevy began to leak. One miserable morning, I 7 myself to the car and found four tyres in the back seat. New tyres! “Had angels (天使) taken up residence in Indiana?” I 8.



I was now working six nights instead of five and it still wasn't enough. Christmas was coming and there was no money for toys. Clothes were a worry too.

On Christmas Eve, the usual customers were drinking coffee in the Big Wheel. There were the truckers, Les, Frank, and Jim. These 9 all just sat around and talked. When it was time for me to go home, I found several boxes in my Chevy filled with little jeans, toys and an enormous turkey. I could not believe my eyes!

I was crying with gratitude. And I will never forget the joy on the faces of my little ones that 10 morning.

Yes, there were angels in Indiana that long-ago December morning. And they all hung out at the Big Wheel truck stop.

- |                        |                |               |                |
|------------------------|----------------|---------------|----------------|
| ( ) 1. A. ignored      | B. appreciated | C. feared     | D. recognized  |
| ( ) 2. A. so           | B. but         | C. because    | D. or          |
| ( ) 3. A. loaded       | B. moved       | C. invited    | D. handed      |
| ( ) 4. A. question     | B. teach       | C. consult    | D. convince    |
| ( ) 5. A. argued       | B. bargained   | C. agreed     | D. planned     |
| ( ) 6. A. only         | B. definitely  | C. fully      | D. clearly     |
| ( ) 7. A. dragged      | B. rolled      | C. directed   | D. carried     |
| ( ) 8. A. prayed       | B. concluded   | C. announced  | D. wondered    |
| ( ) 9. A. visitors     | B. regulars    | C. neighbours | D. strangers   |
| ( ) 10. A. comfortable | B. satisfying  | C. precious   | D. educational |

## 完形填空综合练

(1) [2024·北京朝阳高三二模]

文体:记叙文 主题:人与社会 词数:267

A nurse named Aly Hogarth has reunited with a mother and daughter at the same hospital ship 30 years after saving their lives.

In 1993, Ms Hogarth was touring a hospital ship in Sierra Leone when she knew that a patient Catherine Conteh needed a Caesarean section (剖腹产手术), but she couldn't 1 it. Ms Hogarth contacted her colleagues and they paid for the 170 surgery, so that Catherine's daughter, Regina, could be 2. Later, Ms Hogarth volunteered to take care of her in the hospital, 3 her wound and teaching her how to feed the baby. In this way Ms Hogarth formed a 4 with the mother and the baby, but they lost 5 when she returned home to New Zealand.

Ms Hogarth, now 52, volunteered for charity Mercy Ships. Surprisingly, she 6 Catherine and Regina at the same hospital ship. They both became nurses, inspired by Ms Hogarth, and Regina now has a child of her own.

Ms Hogarth said, "To see Catherine in person again, it's very unreal really. It's not something I 7 expected until we made contact again. For me, I felt 8 at the moment when we met and didn't know how to react." "We just cried and cried," Catherine said. "Regina and I would have died without Ms Hogarth's pure love."

"It's really 9 to see Catherine again," Ms Hogarth shared. "I thought about her every time I told that story for the last 30 years. I know it was a significant time—realizing that you can make a real 10 by doing something."

- |                     |              |             |                |
|---------------------|--------------|-------------|----------------|
| ( ) 1. A. cancel    | B. bear      | C. afford   | D. accept      |
| ( ) 2. A. examined  | B. delivered | C. adopted  | D. attended    |
| ( ) 3. A. receiving | B. removing  | C. dressing | D. discovering |
| ( ) 4. A. habit     | B. tradition | C. plan     | D. bond        |

- ( )5. A. touch B. control C. hope D. direction  
 ( )6. A. called on B. came across C. looked after D. kept off  
 ( )7. A. ever B. still C. even D. just  
 ( )8. A. inspired B. disappointed C. concerned D. excited  
 ( )9. A. impossible B. amazing C. challenging D. simple  
 ( )10. A. effort B. commitment C. decision D. difference

(2) [2025·北京朝阳高三期末]

文体:记叙文 主题:人与社会 词数:311

At 13 years old, I took a long trip to London alone. When I sat down on the coach, an elderly grey-haired man 1 and asked if he could sit beside me. “Of course!” He looked 2, so I avoided eye contact as he settled.

“Hi, I’m Sara.” I awkwardly offered my right hand.

“...George.” He paused before accepting it.

Then, our chat took off. Charles had never left the country or rarely talked to strangers, while I, a third culture kid, grew up with friends from around the world. As we learned more about each other, we both seemed to 3. Listening to George, I felt thankful for his 4, age contrast notwithstanding. It’s often our experiences that 5 us, not age.

Our conversation was interrupted by my growling stomach. I took out a sandwich and handed George another one. “Would you eat with me?” At first, he refused in shock. But the determination on my face must have been very persuasive. After a moment’s hesitation, he accepted it.

As silence settled in, I felt myself falling asleep.

The sudden tap on my shoulder made me 6 in my seat. It was George, ready to get off the bus. As I extended my hand for a final handshake, he 7 it in both of his, looking directly at me, his eyes full of 8. “Thank you for being so kind to me. Safe travels.”

Looking outside, I realized that I had 9 shown generosity to this old man, who had probably never been offered food by a stranger. If I felt this good simply because I had unconsciously brightened someone’s day, I wonder how wonderful it would feel to show strangers kindness with 10.

- ( )1. A. stepped B. wandered C. returned D. approached  
 ( )2. A. excited B. nervous C. confused D. confident  
 ( )3. A. relax B. focus C. worry D. hesitate  
 ( )4. A. guidance B. wisdom C. honesty D. company  
 ( )5. A. create B. shape C. discover D. control  
 ( )6. A. shoot up B. sit back C. bend down D. stretch out  
 ( )7. A. waved B. supported C. cupped D. balanced  
 ( )8. A. hope B. gratitude C. pride D. curiosity  
 ( )9. A. consistently B. purposely C. accidentally D. thoughtfully  
 ( )10. A. intention B. sympathy C. inspiration D. expectation

(3) [2025·北京丰台高三期末]

文体:记叙文 主题:人与社会 词数:265

In our community, water has been scarce (稀缺的) for weeks in many homes. Thankfully, my dad’s foresight blessed our home with a(n) 1 well that provides us with fresh water every day.

One Sunday, we arrived home from a wedding. There were our 2 neighbours, sitting among a pile of buckets, bottles, and anything they could fill with water in. Concern immediately filled my heart. Upon enquiry, they replied they had been 3 for the water truck in the baking heat for hours.

Seeing these, I remembered the community spirit of “I am because we are”. I felt an urge to 4 our neighbours. My family all agreed with me. We 5 them to collect water from our well. We opened the



gate and connected the hosepipe.

Very quickly, the word spread, and old and young from the community 6 to collect water with various-sized containers. It was a feel-good moment for me and heartwarming to watch the young help the elderly carry their water home before 7 for their own buckets.

Finally, the water truck arrived. By that time we must have provided water for around 50-plus people, which made them 8 and grateful. We also arranged a time for them to come the following day if there was still no water available.

And as long as our family's well is working, we 9 our spirit. It is the fundamental recognition that individual acts of kindness will spread and grow into a 10 that can overcome even the severest shortages. We are stronger together.

- |                     |                |               |               |
|---------------------|----------------|---------------|---------------|
| ( ) 1. A. ancient   | B. popular     | C. precious   | D. abandoned  |
| ( ) 2. A. desperate | B. polite      | C. kind       | D. bored      |
| ( ) 3. A. searching | B. waiting     | C. planning   | D. applying   |
| ( ) 4. A. help      | B. observe     | C. visit      | D. forgive    |
| ( ) 5. A. drove     | B. taught      | C. encouraged | D. challenged |
| ( ) 6. A. struggled | B. volunteered | C. hesitated  | D. gathered   |
| ( ) 7. A. looking   | B. returning   | C. asking     | D. sending    |
| ( ) 8. A. amused    | B. free        | C. proud      | D. relieved   |
| ( ) 9. A. identify  | B. understand  | C. practise   | D. learn      |
| ( ) 10. A. style    | B. symbol      | C. concept    | D. force      |

(4) [2025·北京东城高三期末]

记叙文 主题:人与自我 词数:327

Drake was riding in the passenger seat of his grandfather's truck along Route 75. The grandfather, Hugh, 68, was in contact with a co-worker when 1 something was very wrong. Hugh 2 talking and looked not quite himself. Drake called out and asked whether he was all right, but Hugh was no longer conscious.

Hugh's co-worker, who was still on the line, told Drake to use his grandfather's cell phone to call his mother, Jessica. She 3 her son to climb onto his grandfather's lap, take hold of the wheel and pull over to the shoulder of the highway. Then the call dropped.

Drake lives on a farm and has driven golf carts. "There's always an adult watching, but he drives alone," his mother said. The 4 behind the wheel gave him the confidence to 5 his grandfather's vehicle. He pulled off, called 911 and told the operator what had happened and where he was located. "I'm really scared," Drake added in tears. "I don't want him to die."

Police and an ambulance quickly arrived at the 6. Although Drake was relieved that help had arrived, he said, "I was still kind of 7. Rescue workers gave Hugh first aid, and, within about 20 minutes, he started to feel better. "It was good I had Drake with me," Hugh said. He knows that had his grandson not been there with him, things could have taken an awful 8.

Drake's parents said they weren't 9 by his quick thinking. "He's a unique little person," his mother said. "If I could 10 any 10-year-old in the world in that exact situation, it would be Drake. My own child saved my own parent," Jessica continued. "It made my heart swell."

- |                       |               |               |             |
|-----------------------|---------------|---------------|-------------|
| ( ) 1. A. immediately | B. finally    | C. naturally  | D. suddenly |
| ( ) 2. A. missed      | B. forgot     | C. stopped    | D. meant    |
| ( ) 3. A. permitted   | B. instructed | C. invited    | D. warned   |
| ( ) 4. A. position    | B. vision     | C. experience | D. guidance |
| ( ) 5. A. take over   | B. take off   | C. take out   | D. take in  |
| ( ) 6. A. scene       | B. hospital   | C. farm       | D. shelter  |

- ( )7. A. satisfied                      B. shaky                      C. confused                      D. proud  
( )8. A. chance                      B. role                      C. view                      D. turn  
( )9. A. inspired                      B. surprised                      C. impressed                      D. delighted  
( )10. A. check on                      B. focus on                      C. reflect on                      D. count on

(5)[2024·北京海淀高三二模]

文体:记叙文 主题:人与自我 词数:302

Movement is our first language; I believe we're born to dance. I've always had a special liking for dance, and my job.

I got great 1 working in the therapeutic (治疗的) world; it felt more like a calling. I enjoyed every moment; my purpose and mission 2 me. My highlights are when I've witnessed once dull and hopeless eyes light up when the person felt seen, heard, and accepted.

Then, ill health struck. As my health declined progressively, I had to stop doing what I loved. 3, all I had was being able to facilitate the occasional workshop when opportunity and energy aligned (一致). Chronic fatigue syndrome (慢性疲劳综合征) is a merciless beast.

In 2020, the unimaginable happened. In addition to soul-destroying feeling of being 4, I began experiencing frequent vocal challenges of varying degrees. I could no longer accept facilitation invitations because my 5 was now unreliable. I grieved, feeling like I was being swallowed by a damp, dark fog.

After an extended period of being in self-pity, I 6 my thinking. I have internal value. My value or identity is not 7 by what I can or cannot do. Regarding my health journey, in time, I 8 this: it is what it is. For this season, this is my path.

So, I started dancing again. Life is full of surprises, pleasant, unpleasant, and neutral, yet what matters is how we 9 to those surprises. Despite ongoing voice loss and health challenges, I found new ways to make a difference.

You and I may not be able to choose the 10 life plays for us; however, we do get to choose how we will dance to it. May we dance with strength, courage, and grace.

- ( )1. A. fame                      B. surprise                      C. pleasure                      D. inspiration  
( )2. A. fuelled                      B. attracted                      C. instructed                      D. calmed  
( )3. A. Simply                      B. Particularly                      C. Eventually                      D. Apparently  
( )4. A. tired                      B. annoyed                      C. disappointed                      D. injured  
( )5. A. mind                      B. sight                      C. sense                      D. voice  
( )6. A. discovered                      B. adjusted                      C. abandoned                      D. controlled  
( )7. A. ignored                      B. selected                      C. defined                      D. assisted  
( )8. A. accepted                      B. recalled                      C. questioned                      D. expected  
( )9. A. refer                      B. appeal                      C. turn                      D. respond  
( )10. A. role                      B. music                      C. joke                      D. game

(6)[2024·北京东城高三二模]

文体:记叙文 主题:人与自然 词数:265

Steven took his 7-year-old son Alex and 4-year-old daughter Mia out on his boat for fishing and fun. But in the blink of an eye, things took a terrifying 1 when a strong current suddenly swept through, causing Mia to 2 her hold on the boat.

While Mia wore a life jacket, Alex did not. But as the current pulled his sister away, Alex wasn't going to leave her alone. He, too, let go of the 3 and swam towards his sister.

Realizing the danger, Steven 4 jumped into the water and tried to help his kids. But the strong current made it difficult even for him. So he told Alex to swim to shore while he tried to rescue Mia.

"I told them both I loved them because I wasn't sure what was going to happen," Steven recalled. "I tried to 5 Mia as long as I could. But finally I wore myself out, and she drifted away (漂走) from me."

Alex followed his dad's 6 and headed for the shore. But it was no easy task. "The current was going the opposite way," he explained.

This little boy spent an hour 7 his way back to land. He swam more than a mile. Once he finally made it to the shore, the boy ran to the first house he could find and begged for 8. From there, Jacksonville authorities 9 and rescued Steven and his daughter.

Alex, the brave and 10 little boy saved his sister and dad. If not for him, it would have been a different story.

- |                       |                  |                 |                 |
|-----------------------|------------------|-----------------|-----------------|
| ( ) 1. A. hit         | B. turn          | C. pause        | D. risk         |
| ( ) 2. A. release     | B. find          | C. escape       | D. regain       |
| ( ) 3. A. fish        | B. jacket        | C. boat         | D. current      |
| ( ) 4. A. unusually   | B. suddenly      | C. instantly    | D. unexpectedly |
| ( ) 5. A. relate to   | B. wait for      | C. count on     | D. stick with   |
| ( ) 6. A. explanation | B. footsteps     | C. example      | D. instructions |
| ( ) 7. A. clearing    | B. fighting      | C. picking      | D. changing     |
| ( ) 8. A. security    | B. understanding | C. permission   | D. help         |
| ( ) 9. A. cut in      | B. looked out    | C. took over    | D. came around  |
| ( ) 10. A. tough      | B. humble        | C. hard-working | D. confident    |

(7) [2023·北京海淀高三二模]

文体:记叙文 主题:人与社会 词数:283

When I was little, I'd play chess with my grandfather, and he'd smoke his cigar while telling me stories about growing up, pursuing dreams, and travelling around the world. Yet it was only after he passed away that I 1 how fast his stories had faded away.

Hence the importance of preserving 2 dawned on me, which ultimately changed my previous outlook on remembering our loved ones and the stories we share.

All too often, we take for granted the value that our family histories and personal experiences have had in our lives. They help to 3 who we are, providing markers of our growth. I believe to some degree we are all naturally 4 about our ancestry, but we can be stuck on knowing what questions to ask.

Full of regrets but armed with a newfound 5, I thought about solutions to help other people record the precious memories for those they love—before it's too late. As freelancer (自由职业者) platforms became mainstream, I discovered many highly qualified writers were 6 around the world, so I began matching ghostwriters (代笔者) with clients to help them write a book. Then, Story Tree, a memoir-writing service, was 7.

Since then, we have explored the power of stories and their ability to connect us with our past and 8 the present. It has been documented that learning more about one's family history has been linked to 9 emotional health, increasing compassion and providing a deeper sense of cultures and traditions.

Among all the heritage stories at Story Tree, family is a dominant theme. Other common themes are love, enterprising spirit, overcoming difficulty, and settling in new surroundings. However, 10 is a thread that always ties these together.

- |                         |                  |                  |                      |
|-------------------------|------------------|------------------|----------------------|
| ( ) 1. A. doubted       | B. imagined      | C. realized      | D. counted           |
| ( ) 2. A. hobbies       | B. relationships | C. evidences     | D. memories          |
| ( ) 3. A. shape         | B. confirm       | C. present       | D. perfect           |
| ( ) 4. A. certain       | B. curious       | C. cautious      | D. confused          |
| ( ) 5. A. business      | B. relief        | C. purpose       | D. talent            |
| ( ) 6. A. available     | B. accessible    | C. admirable     | D. acceptable        |
| ( ) 7. A. approved      | B. found         | C. updated       | D. born              |
| ( ) 8. A. catch up with | B. put up with   | C. make sense of | D. take advantage of |

- ( )9. A. risking B. boosting C. assessing D. monitoring  
( )10. A. family B. community C. culture D. history

(8) [2023·北京东城高三二模]

文体:记叙文 主题:人与自然 词数:287

One October morning, I planned to take Honey, my dog, out with me. We live in a 1 area up in the hills. Our driveway is barely wide enough for one car, with a ravine (深沟) on one side. While I was starting the car slowly, a flash of sunlight 2 me. I put my hand up to block the sunlight. Suddenly, the car slipped in the soft soil, and rolled down the ravine. After several rolls, we 3 upside down. I was stuck and felt a sharp pain in my chest. I looked over to find Honey. Luckily, she was okay.

We were at least 50 feet down. Just as I'd 4, my cellphone couldn't get a signal.

Calm down! I told myself. At least I could get Honey out of here. Painfully, I reached over and picked her up and 5 put her through a broken window. "Go home, baby." She jumped to the ground and raced up the side of the ravine.

I could do nothing but sit there for hours. The last bit of light faded away.

Slam! Was that a car door? "Help!" I shouted with all my 6.

"Mike! Where are you?" It was Robin, my closest neighbour, who lived two miles downhill from me.

Half an hour later, the rescue crew 7 and rushed me to the hospital.

The next day Robin brought Honey to the hospital. She got right up next to me on the bed and snuggled (依偎) close. With her there, it was like my pain 8. "I got home from work and Honey was waiting for me," Robin said. "She got 9 and ran in circles, like she was trying to tell me something!" Robin figured he'd bring Honey back to my 10, and that's when he heard me shout.

Honey, my life-saving hero!

- ( )1. A. crowded B. new C. popular D. remote  
( )2. A. covered B. blinded C. burnt D. warned  
( )3. A. landed B. circled C. drove D. pulled  
( )4. A. hesitated B. feared C. agreed D. doubted  
( )5. A. actively B. constantly C. gently D. secretly  
( )6. A. courage B. wisdom C. patience D. strength  
( )7. A. called B. arrived C. formed D. searched  
( )8. A. returned B. spread C. froze D. disappeared  
( )9. A. confused B. disappointed C. anxious D. bored  
( )10. A. house B. car C. hospital D. office

(9) [2024·北京西城高三期末]

文体:记叙文 主题:人与社会 词数:282

A winter storm dropped huge amounts of snow overnight on January 16 in western Pennsylvania. Coach Brian Delallo, who worked on a local high school football team, decided to 1 his players' weightlifting practice. He texted his players saying: "Due to the expected severe 2 Monday's weightlifting workout has been cancelled. Find an elderly or disabled neighbour and shovel (铲) their driveway. Don't accept any 3 —that's our Monday workout."

The players received the message and went out to work on the more than six inches of snow that fell overnight. They said that they removed 4 from dozens of homes. Some players texted their coach afterwards to tell him how 5 it was. "We all feel great about it," said team captain Gavin Moul. "It's not only helping them, but it's helping us to become a better team."

Many of the people whom the team members approached couldn't believe that the players wouldn't accept any payment. Sometimes people even 6 their help because they wouldn't take money for it.

Actually, it was not the first time for the team to have shoveling workout. It was started by a coach more

than two decades ago. It was one of the many 7 the team kept.

“It’s about community,” the coach said. “It is an inspiring way for us to interact with our community and show that it 8. Shoveling snow is just one of those opportunities to show appreciation to the community that supports us.” The team got a workout and gave 9 to the community by doing these acts of kindness at the same time. It was a 10 for all.

- |                    |              |                |             |
|--------------------|--------------|----------------|-------------|
| ( )1. A. try out   | B. pick up   | C. go over     | D. call off |
| ( )2. A. injury    | B. weather   | C. disease     | D. pressure |
| ( )3. A. money     | B. apology   | C. challenge   | D. request  |
| ( )4. A. dirt      | B. water     | C. snow        | D. waste    |
| ( )5. A. demanding | B. rewarding | C. promising   | D. amusing  |
| ( )6. A. sought    | B. got       | C. appreciated | D. refused  |
| ( )7. A. goals     | B. secrets   | C. traditions  | D. jobs     |
| ( )8. A. matters   | B. cares     | C. works       | D. stays    |
| ( )9. A. off       | B. up        | C. in          | D. back     |
| ( )10. A. way      | B. win       | C. must        | D. lesson   |

(10)[2024·北京海淀高三期末]

文体:记叙文 主题:人与社会 词数:289

Back in 2008, I was teaching Concepts of Fitness in a high school. At the end of one class, I chatted with David Gale, a senior high jumper, about how to improve his 1 and how motivation played an important role in one’s achievement. He, out of the blue, asked me what would happen if he broke the school record.

Not 2 of his passion and determination, I paused for a moment, but then promised that I would paint his name on the wall of our classroom. He was very excited and suggested that I go purchase the paint.

Nothing more was mentioned about the 3 until two weeks later, the young warrior ran into the classroom with a huge smile on his face. “I did it! I broke the record!” he shouted as I was still gathering information to 4 what I had promised him. I joined in with the high-fives and fist bumps 5 him.

The next day, it was done! G-A-L-E. Huge blue letters with white edges, the school colours. I could see his excitement even surpassed the success itself. Actually, his coach said the wall was part of the 6 to break the record.

What happened next was totally amazing. Many students, even from other classes, saw the name on the wall and 7 how they, too, could be considered for the wall. With the enormous 8, I had to add more names to the wall, and more than 100 names appeared there in the following 10 years.

Many folks admitted they would not have 9 what they did if the wall hadn’t been part of the reward. More importantly, all those who stepped far beyond their comfort zone helped set the 10 higher.

- |                      |                |                   |               |
|----------------------|----------------|-------------------|---------------|
| ( )1. A. health      | B. performance | C. talent         | D. knowledge  |
| ( )2. A. proud       | B. afraid      | C. certain        | D. fond       |
| ( )3. A. promise     | B. record      | C. suggestion     | D. news       |
| ( )4. A. describe    | B. recall      | C. explain        | D. picture    |
| ( )5. A. encouraging | B. admiring    | C. congratulating | D. greeting   |
| ( )6. A. excitement  | B. confidence  | C. creativity     | D. motivation |
| ( )7. A. inquired    | B. expected    | C. insisted       | D. doubted    |
| ( )8. A. effort      | B. experience  | C. stress         | D. response   |
| ( )9. A. adjusted    | B. achieved    | C. examined       | D. displayed  |
| ( )10. A. pace       | B. stage       | C. bar            | D. tone       |